If a couple moment $M=\left(\theta^{2}+2 \theta+2\right) N m$ is applied to a disk, determine the work of the couple moment after the disk has rotated 4 times. What would be the sign of the work if the moment was applied in the opposite direction?


$$
\begin{aligned}
& d u=M d \theta \\
& u=\int^{d} M d \theta \\
& u=\int_{0}^{4(2 \pi)}\left(\theta^{2}+2 \theta+2\right) d \theta \\
&=\left[\frac{1}{3} \theta^{3}+\theta^{2}+2 \theta\right]_{0}^{8 \pi}
\end{aligned}
$$



$$
u=5973.75
$$

If moment were applied in opposite direction Lo would still be positive

